

## RYEDALE COVID-19 HELP NETWORK –

**Carrie (BASE NUMBER) 01751 269270**  
**Sandra 07540 330364**  
**Sharon 07917 434984**  
**Grace 07398 827802**  
**Food Bank (ask for Rob) 07800 877932**  
**Food Share 07340 387826**



Essential food items – Milk, Bread, Yoghurts, Veg, Meat, Ready Meals, etc.

Cedar Barn	475614 ext. 5	Free delivery on orders over £15, 5 mile radius
Beadlam Grange	01439 770303 Ext 3	Free delivery on orders over £10 delivery in Ryedale area
R.C. Hann's Butchers	472588	Open as usual, delivery available but please call.
D.L Horsley's Butchers	473452	Open as usual for collection.
Dunning's Butchers	472627	Open for collection and delivery. Also deliver items from <b>The Old Weigh &amp; Metcalf's Fruit &amp; Veg.</b>
Middleton Tea Parlour	07528235799	Delivery on foot, any fresh products usually Available. This also covers the post office so stamps etc.
Taylor's Fruit & Veg	472170	
The Sun Inn	473661	Sharon is providing take out of all their beer and Cider until stocks run dry. No take out for the 22nd and 23 <sup>rd</sup> due to cellar clear out but back trading 5-7 from Tuesday 24 <sup>th</sup> .
The Whole Hogg	01653 669469	Delivery within a 10 mile radius of fruit, veg, Meat, pies and pastries. Minimum order £10

The Horny Cow	07788 194038	Locally bred fresh and frozen meats. Delivery to Pickering on Mondays and Thursdays C.O.D. or PayPal. Collections available on weekdays except Tuesdays and 9-12.30 on a weekend.
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## Essential Home Items

Coopers	472248	Matches, Light bulbs, gas, etc. Free delivery
Flintoff's	703103	Everything you need for home and garden DIY.
Ryedale Log & Kindling	07484 153340	Logs & kindling. Free same day delivery. Cash On delivery or via card over the phone.
Barnes Nurseries	472266	Spending time in your garden? Barnes will deliver plants etc. Call and leave a message.
HCI Trading	07872 906702	Household cleaning supplies and toiletries delivered.

## Pets

Magson's	472657	Free delivery of all usual stock items between Wykham and Kirbymoorside.
Pooch Pals	475415	or text/call 0779085764 Dog walking service
Pickering Pet Shop	473521	Free delivery of all shop items. Cash or card
Ryedale Vets	472204	Home visits and prescription delivery for those in Isolation or unable to get out. Door is locked. If you have an appointment, park and ring. Do not enter until advised.

## Newsagents

Reeds	474890	Open for magazines, newspapers, milk etc. Call for delivery.
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## Health

Pickering Pharmacy      472550      Deliveries of prescriptions and other medications for those in isolation.

## Hot and cold meal deliveries

Station Inn Hotel      476880      Call before 12:00 am for same day delivery. Different menu every day. 4 meals for £10.

Piggies In The Middle      475511      Meal plans available

The White Swan      472288      Cold food delivered between 12 noon and 8 pm. Hot food between 12 noon & 2 pm and again between 6 pm & 8pm.

Café Stop      471400      Delivery service. Anything off the menu as well as pies and quiche etc. Plus anything we can help you with that is out of stock at the supermarket (though not toilet rolls!)

Cappleman's Fish n Chips      476984      Home deliver in the Pickering area. "Click and Collect" by ordering on:  
[www.capplemanspickering.co.uk](http://www.capplemanspickering.co.uk)

Eastgate Fisheries      472554      Open as usual for takeaways only.

Potter Hill Fisheries      472687      Full menu available via "Drive by collection." Cash or card payments.

Russell's Café      473661      Sausage rolls, cakes, pies and pastries all Still available. Takeaway service only, but to include sandwiches, drinks selection of main meals and a classic full English breakfast.

The Soup Man      07843 977577      Geoff McClaren, delivering fresh, home-made soup **free of charge** to the elderly and families who are struggling. Any dietary requirements, please call.

Chico's Pizzeria	476622	Open for take-out and delivery as usual
Bits and Pizzas	475116	Open for take-out and delivery as usual

## Bakery Items

Cinnamon Twist	07901 701120	Deliveries on a Wednesday or collection from Unit 5, West Gate Carr Industrial Estate
Thomas' Bakery	474899	Staying open as usual. No delivery
Coopland's Bakery	472612	Staying open as usual. No delivery

## Milk deliveries

John Morley	475688	Milk, Eggs & Potatoes. Doorstep deliveries
Evergreen Dairy	476646	

## Taxis

Pickering Taxis  
Station Taxis Malton

If any of you know of any older or vulnerable people struggling to get particular items then station taxis drivers will try to get them while out and about and drop them for you if you message their Facebook page either Station taxis Malton or Pickering taxis.

We get near a lot of different places so may have a better chance of getting these items and we'll drop as were passing that area on other work for as long as we can. **The community has kept us going for nearly 30 years so we'll try our best to keep you going too.**

**Private Volunteers – please call or text if you are need of smaller items delivered and not enough from one place to warrant a delivery i.e. you only need a pint of milk and a loaf. All the numbers below are given freely by the people listed who just want to help in any way they can. Should anyone who is named find that their circumstances change I will remove their numbers.**

Stacey	07528 235799	Middleton based. Home deliveries also in Pickering on Mondays or Tuesdays
Claire	07990 964112	Pickering based.
Debbie	07979 193329	Has a car and can deliver.
Christine	07775 292275	Has a car and can deliver.

**Schools - current situation, all schools to closed till further notice**

## **Educational/entertainment**

The Tutor	07868303441	Call or text Matt for online help with school work Or extra work and actives with educational theme. Bespoke classes set up via SENECA learning platform – send your requirements. 1-2-1 tutoring available via Skype.
Jenny Wade		Support offered in secondary science. Free online “classrooms” on Google classroom (Rydale learning network zycpysv) and also material is available on SENECA learning platform for KS2, KS3, GCSE and A level. Email for the classroom codes – <a href="mailto:janinewade@rocketmail.com">janinewade@rocketmail.com</a>
Sue Slack		Local artist in Lockton offering free art videos via her Facebook page - <b>sueslackpainter</b> . Every weekday, builds into a course for all ages and abilities.
The Toy and Book Warehouse	474627	Free delivery in Pickering. Order by phone or at <a href="http://www.thetoyandbookwarehouse.com">www.thetoyandbookwarehouse.com</a>

## Other bits of Interest

- NHS** During these unprecedented times the NHS needs to know that we are grateful. On Thursday 26<sup>th</sup> March at 8pm please join us for a big applause from living rooms, gardens, balconies, front doors etc. to show appreciation for all those who work in the health service during this crisis **#clapforourcareres** [www.clapforourcareres.co.uk](http://www.clapforourcareres.co.uk)
- Churches** Open for private prayer 9am till 5pm there are currently no church services being held. The Church would like to request that as many people as possible light candles at **7pm on Sunday 23rd March** and place in a window to show we are all united.
- Dalby Forrest** All trails are still open though the visitor centre, café and shops are now closed until further notice.
- The Balance Rooms** All yoga and Pilates practices offered 100% online via zoom. Please sign up for practice online or through the app to be sent a link.
- The Balance Rooms Shop open Monday, Tuesday, Wednesday and Friday from 11:30am-12:30pm and on Saturdays from 9am-1pm. Selection of vegan food items, vitamins and supplements, toilet paper, kitchen roll and health items etc.
- For more information about online classes etc., contact Chantelle on 07490 535001
- Town Council Meeting** **23<sup>rd</sup> March 476503** [townclerk@pickering.gov.uk](mailto:townclerk@pickering.gov.uk)
- To discuss response to the current situation. Call/email for more details or to give information of services you may have set up to support residents.